Matlock and Cromford Cricket Club Cricket and Covid-19 Checklist

Pre-game

- Bring your own drinks. Do not share with others.
- Bring your own seating.
- Get changed into your kit before you travel.
- Thoroughly wash your hands before you travel.
- Remember to bring a small hand sanitiser.
- Remember to bring coats/umbrellas for wet weather as clubhouse will not be accessible for shelter. If you have driven please take shelter in your vehicle.
- Undergo a personal symptom check at home prior to going to the ground. Stay home if anyone in your household has any COVID-19 symptoms and follow government guidance.
- If driving to the ground on match days home team to use Matlock Town Football Club car park, away team will use cricket club car park.
- Bring a mask in line with current government guidance these are required to be worn indoors.

Spectators

- Under current Government guidance spectators are not permitted until 12th April, however exemptions apply to carers for people with disabilities, or adults needed to supervise under-18s in a safeguarding role.
- When it is necessary for them to be present before 12th April, supervising adults should not mix with others from outside their household or support bubble.
- From 12th April follow current government guidance on rule of six and two households.

When you arrive

- Changing rooms must remain closed except for disabled persons and emergency requirements.
- Participants should arrive in their kit ready to train/play and should return home in their kit.
- Leave your kit bag in your car until you need it.

- The clubhouse and changing rooms must remain closed for hospitality, with the exception of access to toilets, first aid, safeguarding.
- Use your hand sanitiser pre-match and keep it in your pocket.
- Players and spectators need to scan the NHS Track and Trace QR code or sign the register in the clubhouse.

At the ground

- Ensure you follow the ECB and government guidelines on social distancing.
- Face coverings must be worn where required by legislation and in accordance with government guidance e.g. in the clubhouse, U11s are currently exempt.
- Do not shake hands (try "no contact " high fives from a distance!).
- Hygiene breaks will be every 6 overs or 20 minutes.
- Ball to be cleaned with anti-viral wipes every 6 overs
- Avoid touching your face/ mouth, sanitise your hands if you do.
- No sweat or spit to be applied to the ball.
- Remember to respect others when fitting/removing a box for batting.
- If the game is interrupted by rain, return to your car if possible.
- Social distancing should be maintained during wicket celebrations and drinks breaks.

After matches

- Use your hand sanitiser.
- Travel home in kit (no changing facilities).
- Wash your hands thoroughly immediately when you get home.
- Socialising after the game will be outside and socially distanced following current ECB and government guidance on rule of 6 or two households (feel free to bring own food and drink).

Respecting social distancing and current guidelines is to keep you and others safe